



HANDS-ONLY CPR TRAINING

*provided by Courtney
Hart - Heart Corps
Service Member with
the American Heart
Association*

**Wednesday
April 9
530pm**

Cardiac arrest is a leading cause of death in the United States with more than 350,000 out-of-hospital cardiac arrests occurring each year. Immediate CPR can double or even triple the chances of surviving a cardiac arrest. Come learn the two easy steps of hands-only CPR and join the Nation of Lifesavers. You could help save the life of a family member, friend, neighbor, or stranger.



American Heart Association.
HeartCorps™